

The meaning of Life.

By Heiné de Waal - 3 February 2014

Is there a meaning to life and is it the same for everybody? In answering this questions, will we really find the truth or just different opinions from different perspectives?

Maybe we need to look a bit deeper and search for the REASON why we ask these questions. Could it be that we are not 100% fulfilled in life? Maybe we are searching to fill an emptiness?

We are born with certain gifts or talents for this lifetime, specific and unique attributes which each person brings to this world. We need to share this with the world, because the world needs this contribution.

I believe our souls decide, before coming to earth, what attributes of our souls we will bring with us. Some of it will be natural talents, whereas some will be challenges. The challenges are designed with a specific goal in mind: to facilitate spiritual growth. We as "humans" are very much inclined to over-focus on the challenges and become negative of what is NOT working for us. In this process, we forget about our unique talents which ARE working for us.

Imagine this: the Universe (or God) gives each Soul an empty box prior to incarnating as a person.

The box is the same size for every Soul. Each soul has a great collection of attributes to choose from to pack in as gifts, talents or abilities. Each soul can only pack in the box as much as the box allows. Some Souls decide to take very little; some decide to take many, filling the box to its maximum.

Once we arrive on earth we cannot exchange any of these gifts, talents or abilities. We have to work with what we've got.

Imagine it as *Lego* blocks for building a house. If you have chosen a certain amount of windows, doors, roof tiles and bricks then you have only that to work with. That means you are limited to what you have brought with, but not limited to what you can do with it; e.g. if you discover the house to be too dark, you can build it with more windows on the sunny side.

Life is designed in this way as well. Our challenges are designed by the Universe to stimulate us to create something new that we did not bring with as a gift, talent or ability. If we find something is not working the way we anticipated, we can change it by applying our gifts, talents or abilities in a different way.

Why then do some people just decide to give up on life and play 'the victim'?

I honestly don't know the answer to this, but I suspect it is due to fear - the fear of the unknown. It is much easier to repeat the same behaviour than to invest energy in creating something new. Also, some people are too scared to change anything in their reality, because if it does not work out they have to take personal responsibility for it. If we listen to the very successful people in the world, they will all tell us that it is due to many failures that they have decided to persist and that helped them to succeed. If we give up so easily we are not honouring our contract with our Soul.

The Universe (or God) does not reward us for good behaviour or punish us for bad behaviour. The Universe (or God) only gives us a constant supply of opportunities. What we do with it is our choice and we have the freedom of choice. We can make choices that are good for us and provide us with joy or bad choices that attract suffering. Sometimes we learn through suffering...sometimes not.

The law of the Universe is: "*That what we focus on we will see more of*". If we are grateful for what we have, we will be blessed with even more. If we obsess over what we lack, we will only see more of *that*.

So, how do we turn this around if we are not sure what to do with our soul's attributes?

There are many ways to discover what are our gifts, talents or abilities.

One way is to do some self-exploration.

Another is to use techniques such as Astrology or Numerology. I can see what a Soul has chosen by looking at someone's date of birth and then work out a particular pattern in the set of numbers. This technique is called **The Character Birthprint**. It is a system of analysing an individual's personality purely by looking at the date of birth. My technique was developed by combining formulas borrowed from The Human Pin Code (developed by Douglas Forbes); Astrology; Numerology and Marston's DISC research on human behavioural characteristics. The formulation comes to a configuration of 8 numbers that represents the person's character for this particular lifetime. **The Character Birthprint** gives an indication of the person's external personality, internal personality and life lessons.

REMEMBER: How we behave is not set in stone; it is a choice and we can always change our behaviour according to other people's feedback...or not.

The Character Birthprint indicates how active or reactive a person will be in their thinking and processing of information. It shows characteristics of the external personality, internal personality and the general tone (colour) of the person's behaviour. These numbers can be a guidance to understand why we react in a certain way. It shows why certain behaviour is easy while others are more difficult. It also indicates personality traits which what come naturally.

Yes it is ALL in the numbers, the language of the Universe!

According to **The Character Birthprint** the number of the day that someone is born is called the Personality number and shows the personality which is projected to the outside world most of the time. For example if someone is born on the 21st then their number is a 3. This number also represents the person's perception of their external reality and the way in which they interact with their reality.

The number of the month someone is born in expresses how a person deals with people on a more superficial level in particular with acquaintances, colleagues and clients. This number shows the aspects of the character that comes out when interacting with society.

The number of the year that someone is born in indicates the person's purpose on earth, how they view the world and it shows what someone will be remembered by when they die. This number represents the evolutionary, progressive state of the world in that given year.

These three numbers (day, month, year) express the external personality. To see the characteristics of the internal personality we need to look at the combination of these three numbers. The last three numbers in this eight number configuration will show how we COULD be processing change in our life, what our life lessons are and how we do things.

From these numbers we can get a better understanding of where we need to do differently or what we need to change to be more fulfilled.

We are such powerful beings; too complex to fully understand, but really well equipped to live life simply and to our fullest potential. No Astrology chart or numerology reading can give us what we need for this lifetime; it can only guide us on this journey, helping us to remember what we have chosen beforehand.

The scope we have to live life to our fullest potential, is unimaginable. Life can be fantastic or horrible. It is just a matter of that what we focus on. However, sometimes we can get caught up in our day-to-day living and forget about our unique gifts, talents or abilities. Challenges and sometimes crisis are only a guidance towards a better life.

To answer the question again about the meaning of life...

The meaning of life is for the soul to have an emotional experience. Suffering or Joy is not chosen by the soul; it is a choice of the mind.

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